



STATE HEALTH BENEFIT PLAN (SHBP) TOBACCO USERS CESSATION POLICY

Tobacco users who elect to quit smoking can have the tobacco surcharge removed if they attend an SHBP approved tobacco cessation class offered by the American Cancer Society, American Lung Association, Kaiser Permanente or listed on the Approved Tobacco Cessation Programs List.

The tobacco user must be smoke free for 60 days, complete an SHBP approved tobacco cessation class, obtain a certificate of attendance and complete an SHBP Affidavit Form certifying compliance with these requirements.

Kaiser Permanente Quit Smart Tobacco Cessation Program

Kaiser Permanente customized its Quit Smart Tobacco Cessation program for state employees who reside in the Atlanta metropolitan area. Kaiser Permanente members will not be charged a Tobacco Cessation enrollment fee. Kaiser members can enroll by calling the Health Line at **(404) 365-0966** or **1 (800) 611-1811**.

Non-Kaiser Permanente members will be charged a tobacco cessation enrollment fee of \$40.00. Participants will be required to purchase their own Nicotine Replacement Systems. Non-Kaiser Permanente members interested in enrolling in the Quit Smart Tobacco Cessation classes should contact the Population Based Care Department at **(404) 364-7117** to register. Payment should be submitted for the workshop before the class begins. The preferred method of payment is by **check or money order made payable to Kaiser Permanente**, and submitted to: Kaiser Permanente, Health Education Department, 3495 Piedmont Road NE, Bldg. 9, 4th Floor, Atlanta, Georgia 30305-1736.

American Cancer Society Freshstart Tobacco Cessation Program

Numerous tobacco cessation classes will be offered through the American Cancer Society (FreshStart) in various locations throughout the state. Members who are interested in attending these classes should contact the American Cancer Society at **1-(888) 227-6333**. The American Cancer Society does not charge a tobacco cessation enrollment fee for these classes.

The American Cancer Society is willing to train volunteers as FreshStart facilitators. Members interested in becoming class facilitators for his/her departments should contact Brenda Wright at (404) 816-7800 ext. 6451 or Gwen Bryant at (478) 719-3055.

American Lung Association

Numerous tobacco cessation classes will be offered through the American Lung Association in various locations throughout the state. Members who are interested in attending these classes should contact the American Lung Association at **(229)435-3626 or (888) 436-3626.**

All smoking cessation programs must follow the CDC and U.S. Preventive Task Force guidelines. The Georgia Tobacco Quit Line (1-877-270-STOP) is available as a resource to smoking employees. However, the Quit Line does not offer cessation classes, and therefore, does not qualify for removal of tobacco surcharges. Members must attend classes approved by the SHBP.

Attached is an updated listing of approved programs that are offered at hospitals. For other classes, you should contact the American Cancer Society, American Lung Association or Kaiser Permanente. SHBP members should check the Department of Community Health Web site for any updates at www.dch.georgia.gov/shbp_plans.

**STATE HEALTH BENEFIT PLAN (SHBP)
APPROVED TOBACCO CESSATION PROGRAMS**

The SHBP does not cover any fees. Members are responsible for payment of fees. Contact each individual facility for enrollment fees. Remember you must be tobacco free for 60 days before the surcharge can be removed.

American Cancer Society - (888) 227-6333 - Various locations throughout the State
Kaiser Permanente Members - (404) 365-0966 or (800) 611-1811
Non- Kaiser Permanente Members - (404) 364-7117 or (404) 364-7360
American Lung Association - (888) 436-3626 - Various locations throughout the state

**Classes listed below are in addition to those offered
above.**

County	City	Facility	Contact Name	Phone
Baldwin	Milledgeville	Oconee Regional	Kay Marshall	478-454-3945
Ben Hill	Fitzgerald	Dorminy Medical Center	Bridgett Busbin	229-424-7186
Bibb	Macon	Medical Center of Central Georgia	Kevin Carter	478-633-5090
Bullock	Statesboro	East Georgia Regional Outreach Center Outreach Center Outreach Center	Donna Wick Allison Judge Christopher Judge Sharon Sable	912-486-1132 912-739-3019 912-739-3019 912-764-4310
Camden	Kingsland	Fresh Start - Coastal Medical Access Project	Barbara Walters	912-729-9680
Chatham	Savannah	Memorial Health University Medical Center	Cindy Davis	912-350-8549
Chatham	Savannah	St. Joseph's Hospital	St. Joseph's Care Call	912-819-3368
Chatham	Savannah	Candler Hospital	Candler Care Call	912-819-3368
Cherokee	Canton	CDSD Central Office Canton Complex	Cherokee County Benefits Office	770 704-4264
Cobb	Austell	WellStar Cobb	Marilyn Reasor	770-644-1565
Cobb	Marietta	WellStar Kennestone	Marilyn Reasor	770-644-1565
Cobb	Marietta	Lung Health of Marietta	Gail Ullrich	770-928-4833
Coffee	Douglas	Coffee Regional Medical Center	Brenda Reynolds	912-384-1900
Coweta	Newnan	Newnan Hospital	Jane Rohan	770-254-3668

County	City	Facility	Contact Name	Phone
Dekalb	Atlanta	Emory University	Eddie Gamble	404-727-4328
Dodge	Eastman	Dodge County Hospital	Becky Smith Michelle Bryan	478-448-4122
Dougherty	Albany	Phoebe Putney Memorial Hospital	Daphanie Davis	229-312-7040
Dougherty	Albany	Dougherty Co. Health Dept.	Alice Rodman	229-430-6230
Effingham	Springfield & Rincon	Effingham Hospital	Claudette Jordan	912-754-0171
Evans	Claxton	Claxton Poultry	Allison Judge Christopher Judge Brandy McDonald	912-739-3019
Fayette	Fayetteville	Piedmont Fayetteville Hospital		1-866-900-4321
Floyd	Rome	Floyd County Health Dept.	Ann Carter	706-802-5409
Forsyth	Cumming	Northside Hospital-Forsyth	Donna Olaiya	770-844-3497
Fulton	Atlanta	Crawford Long	Eddie Gamble	404-727-4328
Fulton	Atlanta	Emory University	Eddie Gamble	404-727-4328
Fulton	Atlanta	Northside Hospital	Missy Smith	770-667-4132
Fulton	Atlanta	Piedmont Hospital	Nita Cardic	1-866-900-4321
Fulton	Atlanta	Department of Human Resources, Worksite Wellness Program, 2 Peachtree St. healthmatters@dhr.state.ga.us	Martha Dismer	(404) 651-7324
Glynn	Brunswick Brunswick	SE Georgia Health System	Brenda Antonio Brandy McDonald	912-466-3375 912-739-3019
Gwinnett	Lawrenceville	Gwinnett Medical Center	Cheryl Odell	678-312-3690 678-312-3692
Hall	Gainesville	Northeast Georgia Medical Center	Wanda Edwards David Paris Ginger Maddox	770-533-8294 770-533-8296 770-533-8264
Hall	Gainesville	Family Recovery, Inc.	Gary Holstad	770-535-1073
Henry	Stockbridge	Henry Medical Center		770-389-2143
Houston	Warner Robbins & Perry	Houston Medical Center	Sandra Eaton	478-923-9771
Liberty	Hinesville	Liberty Regional Medical Center	Debra Wells	912-369-9416
Macon	Montezuma	Flint River Hospital	Monica Hood Bonnie Smith Robert Kite Judson Davis	478-472-3234 478-472-3233 229-938-3407 478-472-3215

County	City	Facility	Contact Name	Phone
McDuffie	Thomson	McDuffie County Health Dept. *Classes offered quarterly	Amy McCord	706-595-1740
Muscogee	Columbus	Columbus Health Dept.	Mark Ellis Homer Wells	706-321-6239 706-321-6239
Muscogee	Columbus	John B. Amos Cancer Center	Rubye Stafford, RN	706-571-1102
Muscogee	Columbus	Muscogee Co. School Dist.	Darlene Shirley	706-748-2233
Pulaksi	Hawkinsville	Taylor Regional Hospital	Melissa Johnson	478-783-0232
Pickens	Jasper	Piedmont Mountainside Hospital	Cindy London	706-301-5507
Richmond/Columbia	Augusta	University Hospital		706-774-8900
Richmond/Columbia	Fort Gordon	Health and Wellness *Must be Military Care Elig.		706-787-6756
Richmond	Augusta	Doctors Hospital		706-651-3232
Rockdale	Conyers	Rockdale Medical	Tim Andrews	770-918-3851
Spalding	Griffin	Spalding Regional Hospital		770-467-6153
Tift	Tifton	Tift Regional Medical Center	Jackie Laska	229-353-6281
Upson	Thomaston	Upson Regional	King Davis	706-647-8111
Wayne	Jesup		Pam Holmes	912-739-3019